

**We All Do A Lot Of Digging In Life.**



**What We Dig For**

**Will Be What We**

**End Up With**

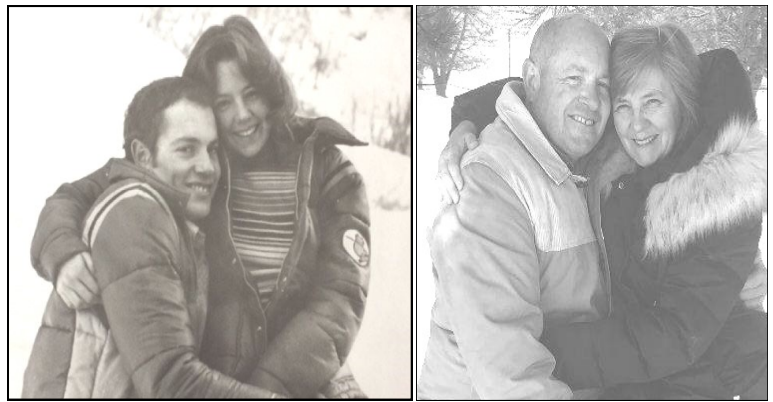


**I've spent almost 70 years of digging now. It's been a wild ride!  
Pig out on this enlightening & fast read! Takes less than 1/2 hour.**

**Hi! My name is Ben & my wife is Michele.**

**We've had a life filled with challenges. We have been blessed with a family we are eternally grateful for.**

**We own a business & assets that are blessings right now but mean absolutely nothing in the long run.**



**We've had a 45-year journey that includes many bone-headed decisions on my part and many acts of sainthood on hers.**

**Together we have managed to beat the odds and have been able to hang on so far through the meat-grinder obstacle course of life. Calling it quits at times was tempting but in retrospect would have been very unwise. Whew!**

**Some of you have done better & some worse. I know regardless of your track record, you also need to hang on and make sure you get on the right track. This life is our chance to get it right even if we have often gotten it wrong in the past. It's never too late to fix unless you're six feet under. Do not give up!**

**The stripes in people's rainbows change daily. Each morning when we hop out of bed & pull the blinds, a new fad is here. Time ticks by on the world's countdown clock & more angles of accepted mores & imagined truths haunt our days. What a crazy world! We as a species have hyper-active imaginations & as we've seen lately, there are no limits.**

**Whether you think you know exactly where your life is taking you or you are clueless, I invite you to spend a few minutes taking in my take on life.**

**The bottom line to each life is religion. No matter what you believe, it's your religion. Even if it doesn't involve "religion," that is your religion.**

**With 45,000+ conflicting Christian denominations & countless other worldwide attempts at truth, there are plenty of choices.**

**The reason we have so many flavors is simple. I've found most people feel this situation is a good thing. I don't. Conflict in religion and doctrine means there's at least one line of belief that is crossed up. Probably both. I'll speak more about it later.**

**God is not a fan of conflicting Christian churches. Satan is.**

**I know it is essential to search for truth without pride and vain ambitions. What is essential in our quest is humility, prayer and real intent. If we mix selfish human motives as we search for absolute truth, the results will not be from God. This treatise is written with humility. Please don't take it as condescending or preachy. Take it as imperative and essential information for all of us who are children of God. Thanks!**



I'm an inventor & author among other things. I always ask—

# What if...?

Remember this 2-word query as it's a great point to ask in life. It shows you have an open mind. (Closed minds are no fun) But it's also not the most important question in life. This is:

*How were we & everything else on Planet Earth created & for what purpose?*

There are only two possible answers.

We were created by accident with no forethought—

Or... We were created by God who had a master plan.

If we can't find the answer, nothing else matters in the long run. And speaking of accidents, I've been involved in more than a few. In fact, I've written a 523-page book about them.

Unfortunately, I've been a perpetrator, recipient & instigator of many accidents. Accidents are nonsense and did not create us, contrary to popular opinion.

I've also had experience creating. I've invented basic tools that tens of thousands have found useful. Even simple inventions require the question "What if...?" and a creator. Developing simple gizmos is difficult. Creating complex products, intelligence & people does not happen by accident.

I don't believe that essential life-sustaining components of gravity, skin, bones, flesh, air, sun, water, reproduction, digestion, healing, brains & *billions* of other "miracles" happened by accident. All these factors coming together by chance is much harder for me to digest & embrace than accepting God's existence & purpose. God makes sense.

All these essential components I've listed are secondary. In the end, God is our creator. He is our Father. He loves us. And love also doesn't happen by chance.

Just like love, we also don't see God. But they both exist. If they didn't, we wouldn't.



# Here's a very light sprinkling of my accidents:

Like I said earlier, accidents are nonsense. I am an expert in the field.





The creation of the world and mankind was no accident. Even the simple items I conjured up below did not come into existence by accident.

As I said earlier, I always ask “*What if...?*” At age 50, I finally found my niche: Inventing. Now I do it for a living. Asking “*what if?*” takes time to pause, find answers & often reverse course. It’s a hassle. But keeping an open mind sometimes produces great benefits. As an inventor, I try to find the best way to solve problems that arise. Asking “*What if?*” involves going outside my normal frame of mind. It involves examining things from different perspectives or paradigms.

Most people don’t live like this. They would rather stick to the normal, conventional, & well-trod path. But by questioning and analyzing, I’ve been able to come up with new answers & cool products. Because of this attitude, I was able to quit my old job and move into a new vocation that I love! I’m amazed that millions of dollars worth of my widgets have sold across the country.

My point is, in life you need to search & find for yourself the best way to function, even if it’s not the most popular or easiest. Dig below the surface & cut through all the garbage in order to discover the best & truest way of living your life, developing a product or doing a job.

Speaking of life, is there anything more important right now than your life & the way you live it?

Pull up a chair and spend half-an-hour reading my take with an open mind! I might mention, a big red flag we all should contemplate & eliminate— I’ve noticed those who have the most comfortable & affluent current existence usually have the hardest time looking for, wanting & needing God’s help.

Until it’s too late.





# What if?

## What if I

hadn't heeded the still, small voice that autumn day?

## Answer:

I wouldn't have received this nice card.

I would have missed out on some great CPR practice.

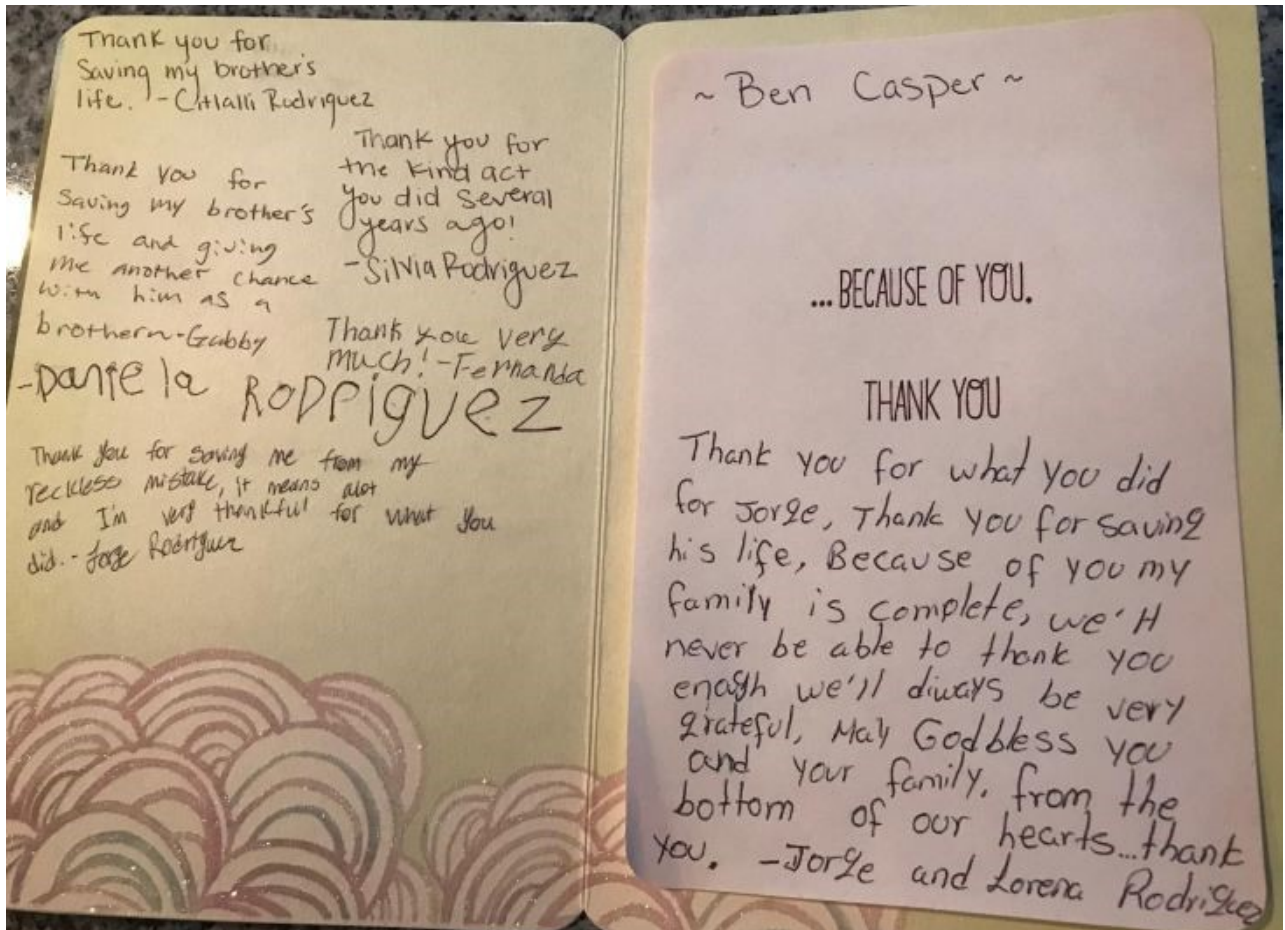
I wouldn't have been able to enjoy a

Christmas Eve with the Rodriguez family.

We would have had exorbitant fines from state and federal agencies along with a staggering lawsuit from the Rodriguez family even though for weeks I had emphatically told Jorge not to bring 11 yr. old Jorge Jr. around the facility.

No corn would have been spilled, Jorge Jr. would be dead & my goose would have been cooked.

I thank God I listened & obeyed!





And *What if* I hadn't followed the Spirit's whisperings during a most critical time in my life in the winter of '78-'79. I was not inclined to follow promptings but did so just because nothing else was working. If I hadn't, none of this would have happened...



We've added five or six more since the above picture. The saint on the lower left is my dear wife Michele.

Looking back, we can ask a lot of *What if's*. Although it was very tough at times, I'm glad we made the choices we did and got the results, or rather, rewards we now have. The only real happiness we enjoy & accomplishments we've made are shown on this singular page.





Many people don't believe in God. I do for many reasons. I can't forget my life experiences. I base my existence, beliefs, observations, testimony, witnesses, other's experiences & reasoning on none but Him.

Age four found me floating on a wooden fence post while in the middle of an irrigation pond. The log rolled over. I went underwater with no idea how to swim & no options. There were lots of kids around but nobody missed me. I was a goner and knew it. 64 years later, I still remember the terror I felt while looking at my silent, dirty, water-filled tomb. I wasn't familiar with the term yet but I knew I was toast.

Fortunately, I knew how to pray. With my lungs running out of air, I prayed. Mightily. And I got right to the point. I pled for Heavenly Father to help me. My prayers often take some time to get answered. But not then. It was immediate. Instantly I was told what to do & quickly obeyed. It was a crazy plan but it worked! For the next minute, I waved my arms upward which pushed me down to the bottom & I slowly walked up the bank until my head surfaced. Another second or two longer, I would have passed out, sucked in water and drowned.

In the summer of '68, I was critically injured in a head-on collision. For the first several minutes, I didn't breathe. My mom arrived at the scene and with righteous pleading, somehow got me breathing. I am convinced Divine Intervention showed up again. I survived. I remained in a coma for the next week, in traction & then a body cast from my chest to my toes for the next several months.

I have no doubt that there is a God. These are a few of many manifestations in my life that I have a Heavenly Father who has helped me out of many life & death binds.



So *What if* there is a God? *What if* you could really find out without going through the close calls that I have? Life is comprised basically of believers and unbelievers with many shades in the mix. Believers base their stand on upbringing, pondering, impressions, prayer, scripture and spiritual experiences.

Unbelievers base their stance on visual confirmation and science. They dismiss and sometimes scoff at the believer's point of view & lack of visible material proof.

God wants us to prove our mettle by developing faith. Faith is not to have a perfect knowledge of things (by sight) but instead we grow our faith by steps of obedience to God. It makes perfect sense to me that this life is built upon us strengthening our faith & softening our hearts. My life is a testament to divine help & miracles.

Faith is what mankind uses to develop ideas, projects & products. Faith is what God uses to prove his children and test obedience. God has said that we receive no witness until after the trial of our faith.



**I believe our lives are a result of God's plan. It involved & still involves spiritual & physical efforts.**

**The basis of His plan is made up of families. The family is created by procreation as instituted by God. It is a simple and straightforward process being attacked from many angles. Only through adhering to God's simple commandments are we able to obtain true happiness.**

**His creations include our world, our surroundings, the universe and beyond. Worlds without end. Eye hath not seen nor ear heard the things that God has prepared for them that love Him. Some will receive glory similar to the sun, others the moon & others the stars, all differing according to our faithfulness and deeds in this earth life. It's all part of His plan. He requires us to live by faith in this life and to spend much effort seeking Him. By not seeking Him, we are unable to find, develop and strengthen our faith utilizing His Spirit.**

**We have opposition in this life. If we let it, it can negatively affect our level of faith. Just as there is a God, there is also an adversary. Satan & this world screams at us to forget God. We have the opportunity to repent of our sins, misdeeds, mistakes and the times we have opted to follow the adversary.**

**Many in this life have blindly neglected the good plan of God. It's so easy to do. We've been told and I have found that the gate is wide and the path crooked that many follow & end up with no answers in darkness and bitterness. We've also know that narrow is the gate and straight is the way that leads to true happiness (eternal life) and few there be that find it.**

**I know this kind of language immediately turns many off. Sorry, it is what it is.**

**Pictured is my wife Michele and I. We have a family. It is all we really have. We've accumulated some trinkets for the short haul but the long haul is all we really care about. The long haul is about eternity. It requires constant maintenance, longsuffering, humility and effort to stay on the straight and narrow path.**

**We are promised if we seek answers to our eternal purpose, we will find them. Seeking requires more than lip service & minimal effort.**





## ***What if your paradigm & assumptions are incorrect?***

Have you looked past your own “set in stone” outlook on life and considered the fact that there might be more than you’ve always thought? There’s going to be a lot of people at the end who will realize they are incorrect. Even genius IQ’s can be mistaken!

I’m in my late 60’s and pretty much over the hill. It seems like just yesterday I was a toddler. Life screams by. The older you get, the faster it goes!

Our *What if’s* mostly involve choices & questions in our lives. A few chance occurrences out of our power happen along the way but normally life’s door swings in sync with ours & others choices. The door swings one way and offers peace, hope, love and light. The other way—darkness, emotional pain, depression, greed and confusion. Our life is our door. Our questions and choices are our keys.

Our *What if’s* can be viewed in the rear-view mirror of life or foretold in determining our future actions. They can be a positive influence with happy outcomes while cutting through the rough seas of life. Or they can leave a negative & regret-filled wake of darkness & despair spreading out behind us while we churn through our finite time.

As I said, there are a lot of “*What if’s?*” in life.

*“What if I had tried harder in my life? What if I had been more truthful? What if I practiced the piano more? What if I had done more good and less bad? What if I had finished my homework when I had the chance? What if I hadn’t been so stupid or thoughtless or rude? “What if I am kinder to my kids when they come home from school tonight? What if I dip in the store’s till? What if I get caught? What if I try that drug? What if I had looked harder for a mate with better values? What if I had worked harder in school? What if I’m held accountable for the damage? What if I eat that candy bar? What if I show these guys how smart or cool I am? What if I don’t clean the house today? What if nobody sees me just this one time?”*

Or the really big one...“*What if I had looked a little harder for the truth about God?*”

It’s estimated we make 35,000 *What if’s* (or choices) daily. That’s well over eight hundred million *What if* choices in my lifetime. For some reason, I don’t remember making that many.

Even though my lifetime is nearing the finish line, I’m trying these days to examine my *What if’s* a little closer before I flip my decisive action switch. I know if I had started this primary exercise earlier in life, life would have been a lot easier and had a lot less stress. I would have been a better man & other’s lives would have been more blessed & peaceful. I’ve done some damage. But it is what it is. Thankfully, repentance is for my bad *What if’s?*

Fortunately, it’s usually never too late to start rowing our lifeboat in a different direction. It’s usually never too late to drag the rowboat out and put it in a different stream. It’s usually never too late to pull up stakes and find a different campground to pitch our tent. It’s usually harder but often better.

Unfortunately, most of us are content to stay in the swamp we’ve always been in. It takes a lot of gumption, guts and discipline to turn our boats around in the middle of our life stream.



Determining future actions & consequences is always better than going off half-cocked. I've done more than my share of one & not enough of the other!

Something happened early-on in my life that caused me to be a little off. I've been accused of having ADHD, being Bi Polar, & having ODD (Oppositional Defiance Disorder) along with a few other maladies. More than a few have written me off as a nut case. When I get down to brass tacks, I've been packing anger issues around since toddler days. The truth about oneself is sometimes unrecognized until decades later.

I've broken 28 bones, crashed an airplane, flown off an overpass in a brand new & "stolen" green Dodge Polara station wagon, had literally dozens of run-ins and brush ups with the Grim Reaper but have somehow managed to last long enough to be referred to as "Elderly". I never thought I'd live to see this day!

I guess because of the many close calls I've had, I don't fear death. It seems to me it's just another required step in human kind's eternal progression. In fact, I believe death is going to be a pleasant experience. I'm kind of looking forward to it.

Most people don't. There's a natural tendency to hang on to this existence for dear life with white knuckles. And yet, most of us live for the here and now. We don't treat our life as a time of probation, a time to prepare for the next. That is, until our clock strikes zero hour which is a little too late.

So why do we wait until our prep time has flown by? Why do we wait until our pine box gets nailed together & wheeled into the back room of the mortuary, a day or two before our funeral?



Actual overpass in Kennewick, WA.





**I'll finish the subject of our fast-approaching demise with this...**

**Who doesn't go to the funeral of a friend or loved one and miss them? Who refuses to consider the fact that one day they too will be in that box? Not enough times in our lives does the reality of one's end come into sharp focus.**

**I have found when attending a funeral I have the same basic feelings that I have when I am in the process of repenting. I want to do better. Those who are living their lives carefully and trying to keep God prominent in their daily mix usually have this same reverent but hard-to-keep attitude.**

**I've had many witnesses that life does not end when we pass. We are not dying into oblivion. We are passing into the third phase of our eternal destiny.**

**I submit that all mankind, regardless of their mood and temperament, even if far-removed from God, will take on this humble posture when moving into the next world. All material items we cherish and are clamoring to obtain right now will have no value or meaning in the oncoming immortal and eternal world. We will marvel in awe at the very different environment that will be present there.**

**Many big names in this world will be nobodies in the next. Prideful & haughty souls from this earthly existence will hang their heads in regret for a long time in the next.**

**More than a few humble and meek unknowns in this world will take a place of peace, joy & supreme blessings in the hereafter.**

**The bumper sticker declaring "He who dies with the most toys wins" will prove to be utter nonsense.**

**Pardon me for being redundant..."But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him. "1 Corinthians 2:9**

**Most of us take far too lightly the importance of forging and tempering our here-and-now worldly mentality & actions into a more Christ-like eternal demeanor.**

**No matter your station, religion, age, vocation, politics & sex, the truth matters to you. Most of us spend a lot of time & effort covering up our sins & foibles. I'm a master in this department.**

**If any of my thoughts ring true to you, please act on your impressions! Time waits for no one. Before you know it, your number will be called. Many times I've watched people realize reality & then move on so they don't have to face it. This behavior is unwise, counter-productive, self-defeating & a fatal flaw. Resist the urge!**



If you doubt that I've experienced divine assistance, I've written a 523-page book that outlines my life-long struggle to make wise decisions and directly points to God's help in keeping me alive. Interestingly, it is one of few self-published books that has made a profit.

Another absolute proof that God exists lies in the financial decisions

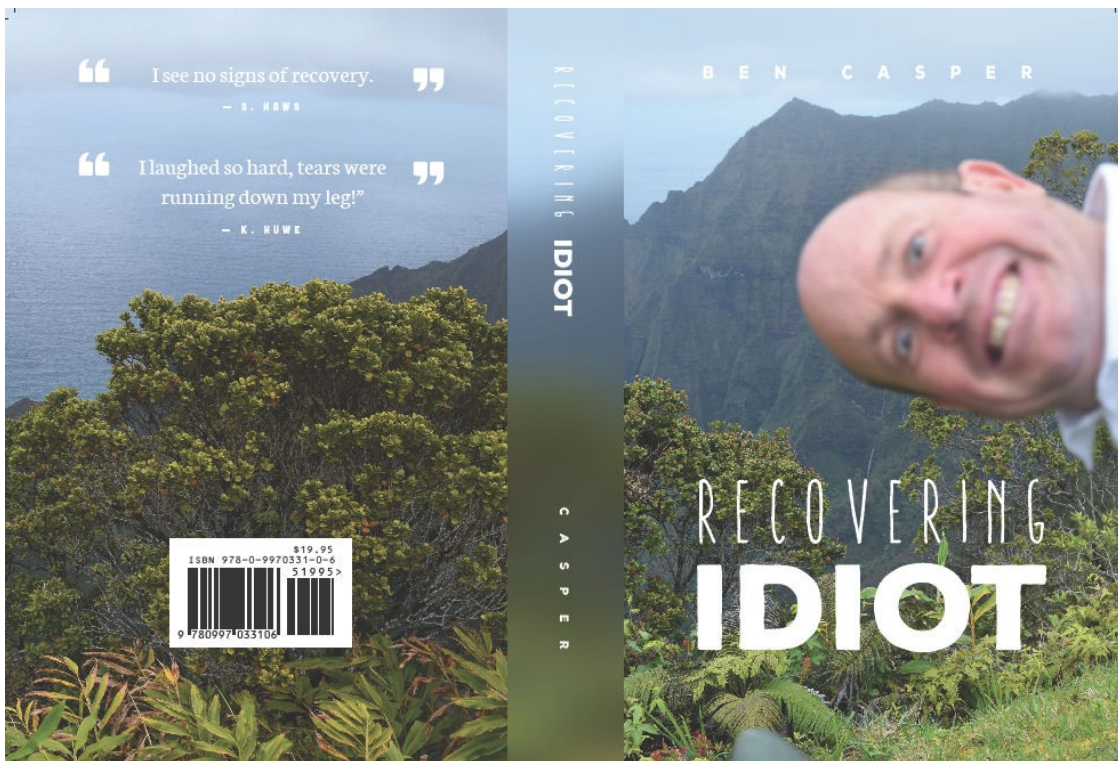
I've made in life. I've had bankers since 1978 tell me to declare bankruptcy or liquidate. I've lost many hundreds of thousands of dollars in risky and poor business decisions. One hair-brained maneuver cost me over \$650,000. And yet I've never had to declare bankruptcy because I refused to give up and because my wife and I have always paid a full tithe.

By paying our tithing, we kept God on as our partner and instead of it further draining our funds, it allowed us to stay afloat. If I had kept the 10%, I have no doubt we would have gone broke. It was very hard to keep paying our religious obligations back then but we are so grateful now that we did.

The Lord's accounting and promises make no sense when compared to the world's arithmetic. If the law of the tithe is neglected, you're on your own. If it is obeyed, you have the Lord as a silent but present partner. It is a mystery to me but a law I refuse to disobey

I'm reminded of a scripture in the Book of Mormon:

"...I would show unto the world that faith is things which are hoped for and not seen; wherefore, dispute not because ye see not, for ye receive no witness until after the trial of your faith."





From my perspective, believers have a much more promising vision of their future than their doubting & scornful counterparts. Unbelievers have no hope or promise in the future, especially after death . Their explanations provide no satisfactory answers concerning many millions of people's faith experiences, NDE's, unexplained human phenomena (miracles), the entire ecosystem from the beginning (literally billions of mind-boggling plant and animal existences), the human family and all it's physical, mental, spiritual and emotional workings.

Believers can believe in science along with God. Unbelievers believe in science but can't believe in God.

Albert Einstein said *"Science without religion is lame, religion without science is blind."*

*What if* an unbeliever discarded his hang-ups at the door and did what the believers do? Using prayer, faith, hope, scripture study, humility, meditation, pondering, repentance, forgiveness, reflection, sincerity, softening of the heart and many other tools that God has given us to help find Him. All are facets the doubters discard.

I believe it is almost an undoable & huge task for a hardened atheist to honestly perform an experiment with the absolute necessary means to find God. Besides the aforementioned tools, it is difficult for them to switch teams, and break through the habitual barrier they have created of pride, unbelief, ridicule and a closed mind.

They would rather carry on, requiring physical criteria that they can prove, add and see. It's interesting because most of them believe in many other things that can't be seen. Love, sorrow, talents, brotherhood, friendship, & miraculous healing are but a few unseen powers that are generally or grudgingly accepted by all.

If an unbeliever truly converts, one can see his change. It is strikingly visible and warmly welcomed.

I will focus next on Christians. There are people of faith around the world but in the non-Christian world religions, I see none that have the promise that Jesus Christ offers. Creation, forgiveness, redemption, atonement, resurrection & countless spiritual witnesses are premium gifts that Jesus Christ gives to His followers.

And now, for the next conundrum. If Christianity is the way, which flavor is the true way? There are over 45,000 separate denominations in the mix. Each has conflicting doctrines and beliefs with the others. It is basically a mess. The reason there are so many churches is each one was started by mankind. Each has different opinions.

The Apostle Paul said there is one Lord, one faith, one baptism. So which is it and how can we know?

When I ask *What if?*, I have to check things out thoroughly to know what is actually true. Or, I get no satisfaction. Here's some questions that most people don't ask...

- *What if* there is a God?
- *What if* He leads His people with His spokesmen, prophets & apostles?
- *What if* His Church was rejected through the death of Christ & the apostles?
- *What if* the Protestant movement happened to prepare the world for the Restoration of the Gospel of Jesus Christ? Even then, it faced lots of rejection.
- *What if* He restored His Church relatively recently using a young boy prophet, just like youth such as David, Moses, Joseph, Daniel, (& Jesus) from the Bible?
- *What if* this prophet, Joseph Smith, was told by an angel at age 17 that his name would be had for both good & evil throughout the world? That has happened!
- *What if* Jesus Christ's Church was on the earth today? Would not Satan do all in his power to fight the Lord's work? Would he not muster every lie, attack every front, push every button and enlist every possible person to fight the Lord's work?
- *What if* there were 45,000 denominations, all teaching different doctrines? What a mess! How would one know what to do? Answer: Do what Joseph did. Ask God.
- *What if* naysayers accuse, broadcast & magnify each one of this boy prophet's weaknesses, whether true or not, & yet say nothing about the flaws of all God's prophets in the Bible? Would that shed any light on their true intentions?
- *What if* God's prophets & apostles today made mistakes, just like days of old?
- *What if* a second book of scripture, a 2nd testament & witness of Jesus Christ, was brought forth through Joseph Smith & converted many millions to its truthfulness? Wouldn't reading this sacred record be a litmus test to proving truth?
- *What if* many naysayers, ministers, churches & "experts" claimed it was false?
- *What if* this "Restored Gospel" taught there was to be no paid ministry? Would that not render suspicion on all the paid minister's railings against it?
- *What if* Christ really did say baptism, an earthly ordinance, was essential to enter heaven & yet most of the ministers of the earth denied it was essential?
- *What if* through the Restored Gospel & temples, God provides a way for all His children from the creation of Adam to the present, to receive baptism and other earthly ordinances? It is happening—see the last two verses in the Old Testament
- *What if* these events occurred? Would it be important to at least check them out?
- *What if* Jesus Christ's Church was on the earth in these last days?
- *What if* Jesus Christ declared in this modern day: "Thus shall my church be called in the last days, even The Church of Jesus Christ of Latter-day Saints."
- *What if* the Lord's Spirit was promised & available to testify to any sincere, humble & prayerful person that His work was on earth, wouldn't that spiritual witness be much more powerful than all the darkness pushed by Satan's forces?



Each person has a unique viewpoint on life & God. Some consider this universal process to be a good thing. They think it makes the world's religions into a beautiful tapestry of varied and interesting mosaic. I believe they are mistaken.

The last 2,000 years have produced many thousands of different Christian denominations. All sport conflicting theologies & doctrines. There is one reason for this phenomena. Each of these man-made churches emerged because they are man-made. One or several people in a congregation decide a Biblical scripture means something different than his minister preaches. They confab, move out and start a new church. This has been an ongoing process for many centuries. All are operating on their own brand of truth.

So their "truth" is now their mantra. They usually choose a "truth" that is easy, fits into their lifestyle, is non-restrictive & most convenient. Their "truth" is not really true. It's theirs, not His. It is *relative truth*.

So what does God think about all these brands of religion? Through a prophet He declared "One Lord, one faith, one baptism." Ephesians 4:5

Only ONE truth is *absolute* and actually true. God's truth is what actually has happened. As I said earlier, I believe God is not a fan of all these conflicting religions. Satan is. They fit into his means of proclaiming false doctrines.

Robert Sheldon defines the two: "Relative truth is conditional, subjective, varying and contradictory, so it's capable of changing over time. In contrast, absolute truth is consistent and eternal; its meaning is universal and never changing."

Many want God to do it their way instead of them conforming to His Way. Their faith is dependent on Him performing to their specs instead of them to His.

Many say "I don't believe in God because He wouldn't allow so many bad things to happen to good people or let children suffer, etc, etc." So they, in their minute sliver of shallow mortal understanding, presume to be judge and jury over our loving, eternal and all-knowing Heavenly Father.

They don't realize this life is just a blink in our eternities. They don't realize that mankind has free agency and that life is not always going to be peaches and cream.

People will die. People are going to inflict damage on other people.

In spite of these mortal negatives, all will be made right in the end.

The mingling of scripture with the philosophies of men results in error.

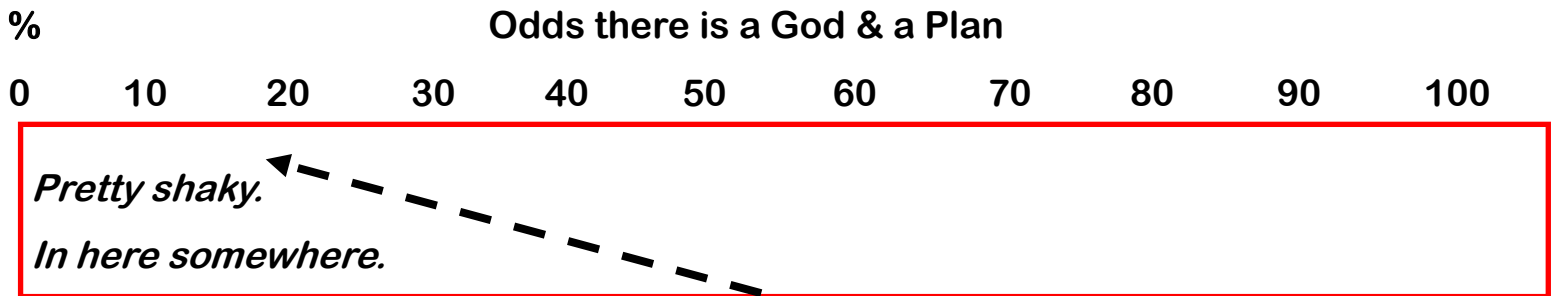
*What if* one wants to find out more about the Church of Jesus Christ of Latter-Day Saints? Give me a call at 509 531 3419— Or...

I think the level of our efforts in finding & following Christ determines our destination. Where is your needle pegged?

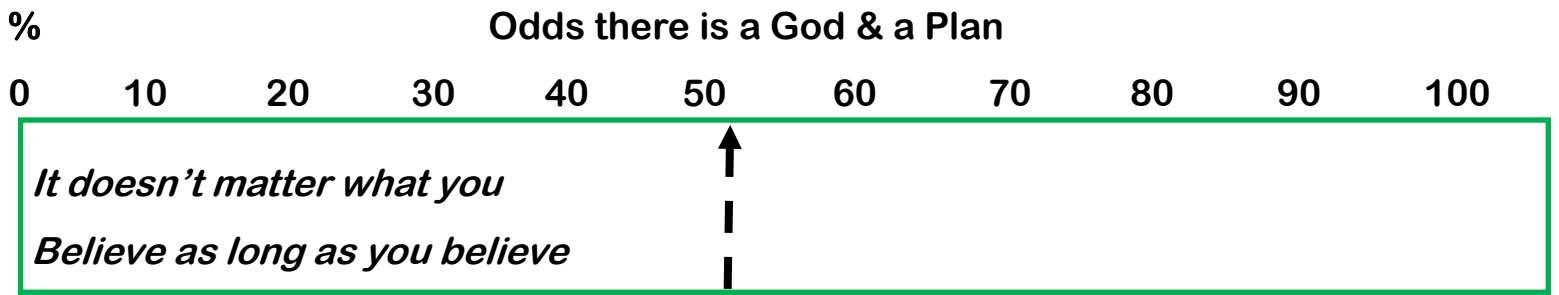
There is one glory of the sun, and another glory of the moon, and another glory of the stars: for one star differeth from another star in glory. 1 Corinthians 15:41

*Paul makes it clear that this life is not just a pass/fail, go straight to heaven or hell test. If you've ever looked at the sky on a clear & darkened night without the normal man-made light pollution, you know there are a breathtaking amount of countless stars with all variances of brightness.*

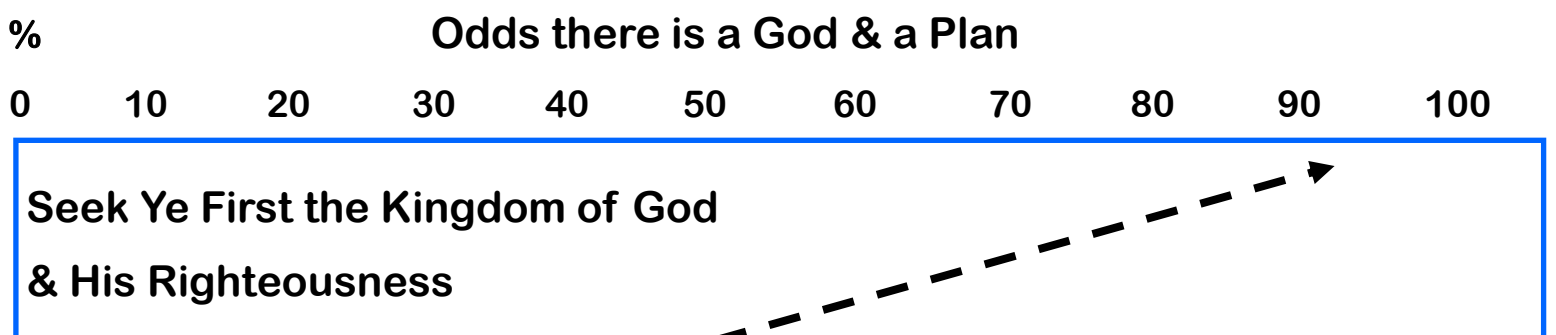
**Atheist Point of View...** "Quit bothering me! I've never seen him so he ain't so."



**Already Belongs to a Church Point of View...** "No thanks. I've got my own beliefs."



**Search with real intent, sincerely ask God for truth & then follow through when you are led to it...** "Choose ye this day whom ye will serve."





## [The Church of Jesus Christ of Latter-Day Saints](#)

- Is there a God? ([Alma 22](#))
- What does Jesus Christ expect of me? ([2 Nephi 9](#))
- How can a belief in Jesus Christ help me? ([Alma 36](#))
- Is there life after death? ([Alma 40](#))
- What is the purpose of life? ([Alma 34](#))
- Why does God allow evil and suffering to occur? ([2 Nephi 2](#); [Alma 14:9–11](#); [60:13](#))
- Does my infant need to be baptized? ([Moroni 8](#))
- Does God know me? ([Alma 5:38, 58](#))
- Does God answer prayers? ([Enos 1](#))
- How can I find peace and joy? ([Mosiah 2](#), [4](#))
- How can my family be happier and more united? ([Mosiah 2](#))
- How can I balance my family and career? ([3 Nephi 13](#))
- How can I strengthen my relationship with my spouse? ([3 Nephi 14](#))
- How can I avoid the evils that threaten my family? ([Alma 39](#))
- How can I avoid sin? ([Helaman 5](#))